# April 2024

# **Anchorage**

#### Monday

#### Tuesday

#### Wednesday Thursday

#### Friday

# No

School

# No **School**

#### No School

# No School

# No School

#### A La Carte K-5 - \$4.75

6-8 \$5.00 Visitor Lunch \$5.50

A school meal is a choice of an entrée. vegetable, fruit, grain, and milk. To be a complete meal you must have 3 of the above components and one must be a fruit or veggie.

Chicken Sandwich Regular or Spicy WG Bun Peas Fruit and Veggie Bar Milk and Juice

OVEN FREE ENERGY **SAVING LUNCH** Ham/ Turkey Sub or **Peanut Butter and** Jelly/Chips/Dessert Fruit and Veggie Bar Milk

Cheese Pizza on Whole Grain Crust **Green Beans** Fruit and Veggie Milk and Juice Variety

11 Beef Taco Chicken Faiita Whole Gain Tortilla Spanish Rice/Refried Beans/ Peas Fruit and Veggie Milk and Juice

> Beef Meatball on whole grain Sub Calzones **Oven Baked Fries** Carrots **Fruit and Veggie** Variety

**Oven Baked Fries** Carrots Fruit and Veggie Bar Milk and Juice Variety

Hamburger

Cheeseburger

Whole Grain Penne Pasta Meat Sauce/Marinara Breadstick Broccoli Fruit and Veggie Milk and Juice Variety

Variety

**Beef Taco** Chicken Faiita Whole Gain Tortilla Spanish Rice/Refried Beans/ Peas Fruit and Veggie Milk and Juice Variety

**Beef Taco** 

Chicken Fajita

**Beans/Peas** 

Fruit and Veggie

Whole Gain Tortilla

Spanish Rice/Refried

Milk and Juice Variety

23

Cheese Pizza on Whole Grain Crust **Green Beans** Fruit and Veggie Milk and Juice Variety

18 Scrambled Eggs Sausage/Pancake Whole Grain Biscuit **Mixed Veggies** Fruit and Veggie Mik and Juice Variety

25

Chicken Sandwich Regular or Spicy WG Bun **Oven Bakes Fries** Carrots Fruit and Veggie Bar

Milk and Juice Variety

**School Info** 

Any questions about our school lunch program please reach out to

**Kristy Clark** 

Kristy.clark@anchorage.ky schools.us

Parents are welcome to eat with their child any day!!

This institution is an equal opportunity provider.

Pasta Meat Sauce/Marinara **Breadstick Broccoli** Fruit and Veggie Milk and Juice Variety

> Beef Taco Chicken Fajita Whole Gain Tortilla Spanish Rice/Refried **Beans/Peas** Fruit and Veggie

Milk and Juice Variety

Whole Grain Crust **Green Beans** Fruit and Veggie Milk and Juice Variety

Cheese Pizza on

**Scrambled Eggs** Sausage/Pancake **Whole Grain Biscuit Mixed Veggies** Fruit and Veggie Mik and Juice Variety

### **Did You Know?**

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.

Whole Grain Penne

Whole Grain Penne Pasta Meat

Sauce/Marinara **Breadstick** Broccoli Fruit and Veggie